

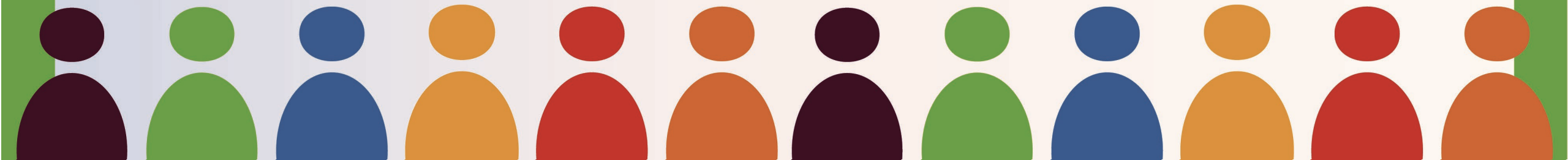


# Careers Guidance and Internships

23.04.2026

Dr. Daniella Schmitt, Dr. Michael Nickel

[d.schmitt@es-rm.eu](mailto:d.schmitt@es-rm.eu) [michael.nickel@es-rm.net](mailto:michael.nickel@es-rm.net)





# Careers Guidance Team

**Dr. Daniella Schmitt**

**Head of Career Guidance**

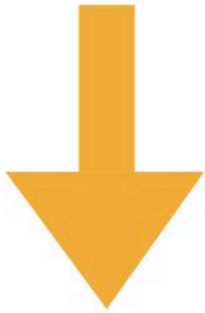
[d.schmitt@es-rm.eu](mailto:d.schmitt@es-rm.eu)



**Dr. Michael Nickel**

**Head of Work Experience**

[michael.nickel@es-rm.net](mailto:michael.nickel@es-rm.net)



**Career Guidance in English:  
Dr. Daniella Schmitt**

- UK
- US
- Netherlands
- South Africa
- Australia

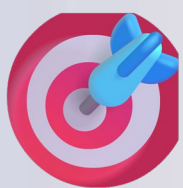


**ESRM**  
**Career Guidance**



**Career Guidance in German:  
Dr. Michael Nickel**

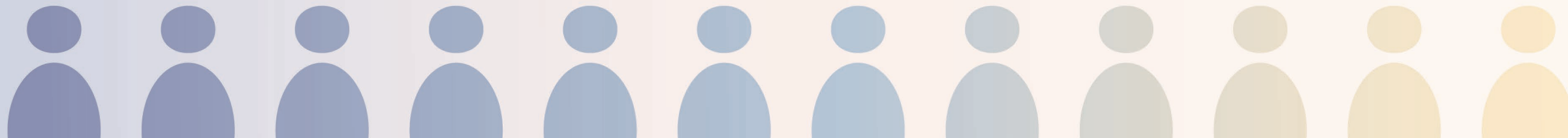
- Germany
- Austria
- Switzerland



# Preparing for University



- **Finding the right fit**
- **Boosting your application profile**
- **CV, extracurriculars & digital footprint**
- **Visiting campuses / summer schools**
- **Application details by country**
- **Internships / Praktika**



# Finding the right fit



**Strengths**

**Weaknesses**

**S**

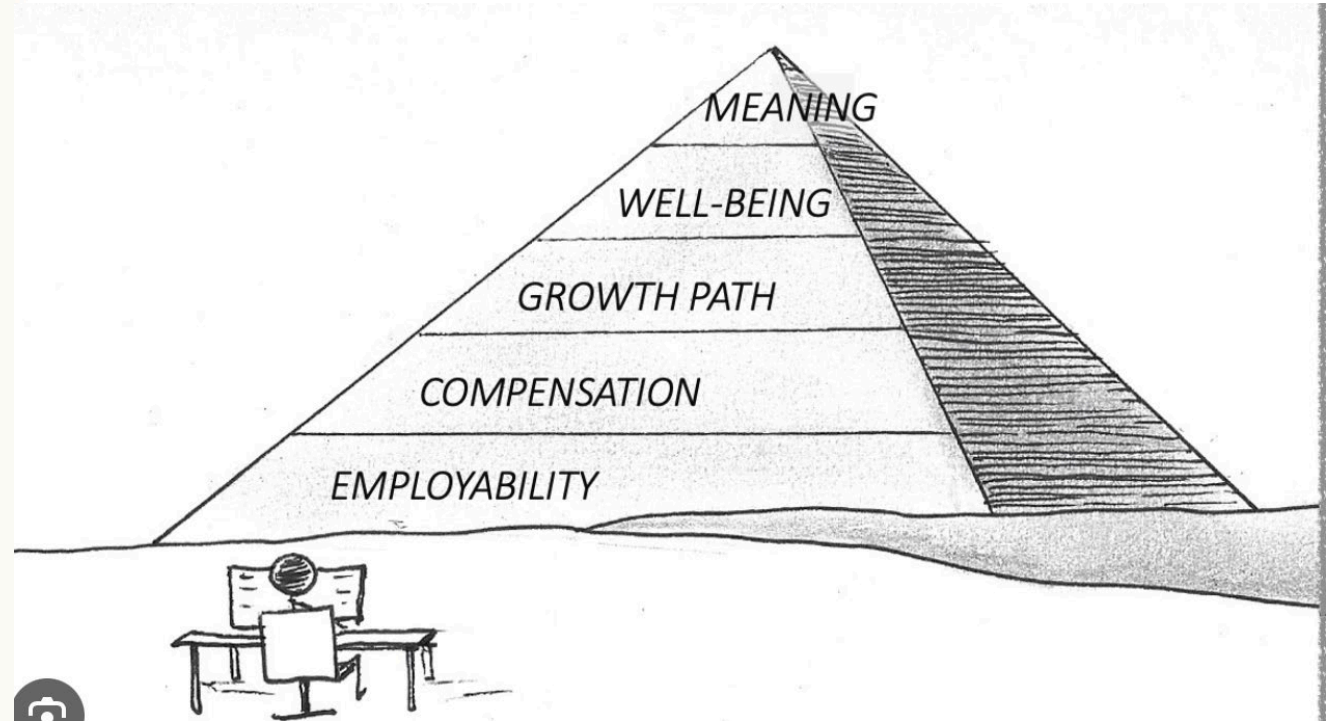
**W**

**Opportunities**

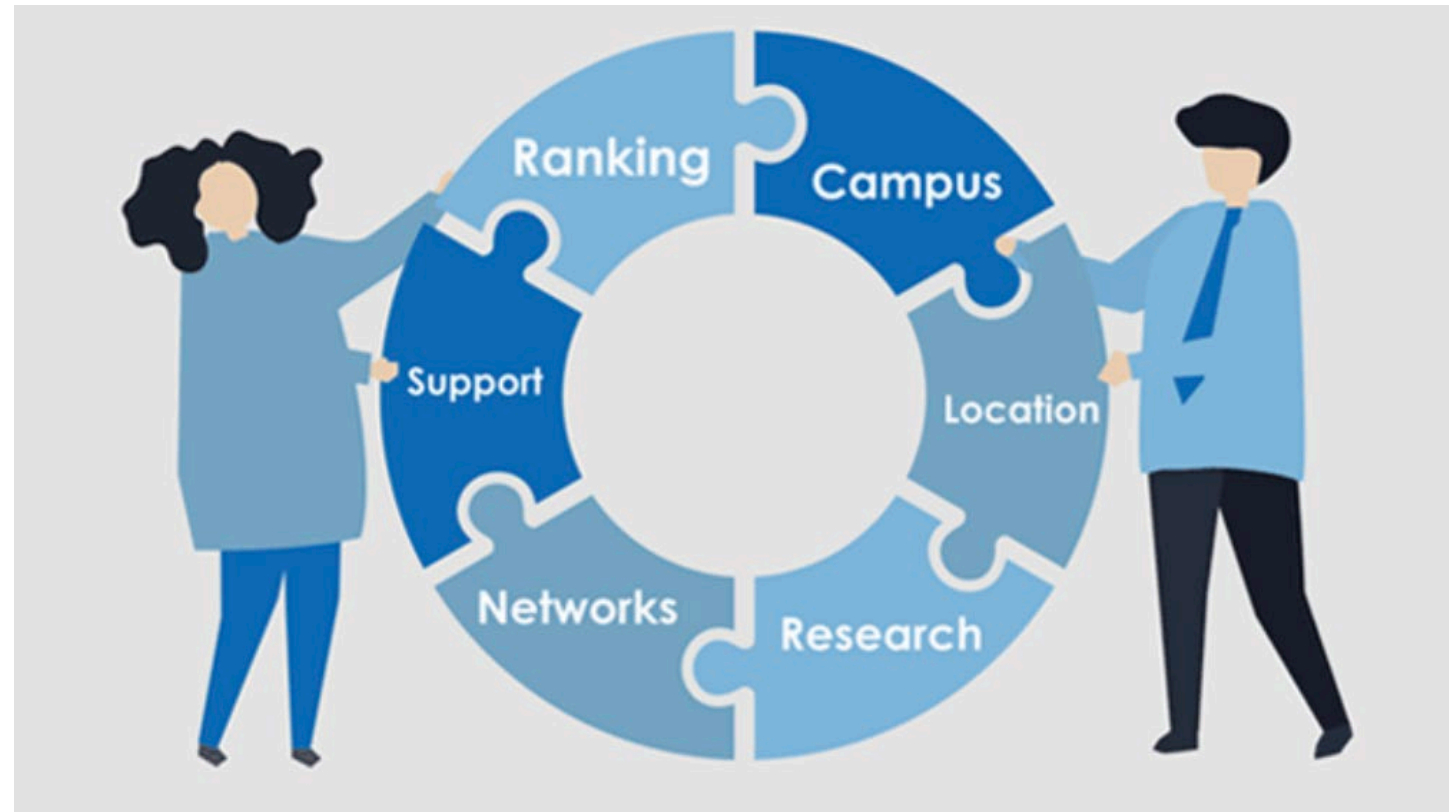
**O**

**T**

**Threats**



# Finding the right fit



# Career Placement Tests

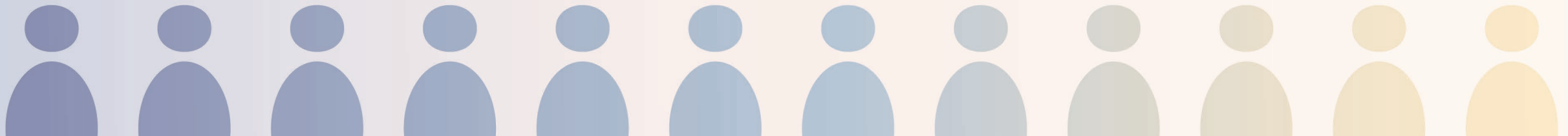


<https://www.careerexplorer.com>

<https://www.123test.com>

<https://personalitymax.com/multiple-intelligences-test/>

<https://www.princetonreview.com/quiz/career-quiz>



# Berufsorientierungstests



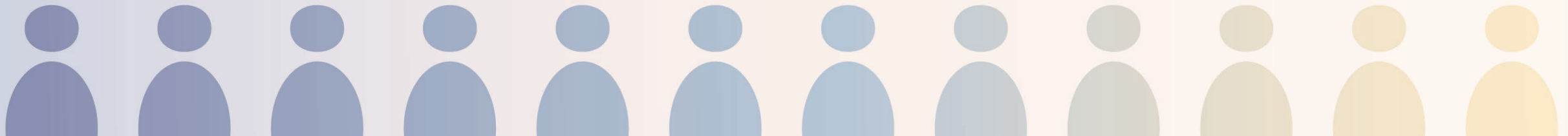
<https://www.was-studiere-ich.de/>

<https://www.hochschulkompass.de/home.html>

<http://www.studienwahl.de/>

<https://www.arbeitsagentur.de/bildung/welche-ausbildung-welches-studium-passt>

<https://berufswahlpass.de/bezugsquellen/hessen/>



# Alumni

Imperial College London

UNIVERSITÄT MANNHEIM

UNIVERSITY OF CAMBRIDGE

University of St Andrew

THE UNIVERSITY of EDINBURGH

Durham University

LSE

KING'S College LONDON

UNIVERSITY OF OXFORD

GEORGETOWN UNIVERSITY

HULT INTERNATIONAL BUSINESS SCHOOL

Universität St.Gallen

ETH zürich

NYU

Wharton UNIVERSITY OF PENNSYLVANIA

UCL

Technische Universität München TUM

Frankfurt School of Finance & Management German Excellence. Global Relevance.

JGU JOHANNES GUTENBERG UNIVERSITÄT MAINZ

UNIVERSITÄT HEIDELBERG ZUKUNFT SEIT 1386

ESCP BUSINESS SCHOOL

BROWN

EBS Universität für Wirtschaft und Recht | EBS

ie UNIVERSITY Driving Innovation

esade Business School

Universiteit Utrecht

UNIVERSITEIT VAN AMSTERDAM

TECHNISCHE UNIVERSITÄT DARMSTADT

KIT 200 JAHRE

Maastricht University



VU VRIJE UNIVERSITEIT AMSTERDAM

TU/e EINDHOVEN UNIVERSITY OF

TU Delft

RICE UNIVERSITY

istitutomarangoni enhancing talent since 1935

Bocconi Università Commerciale Luigi Bocconi

Trinity College Dublin The University of Dublin

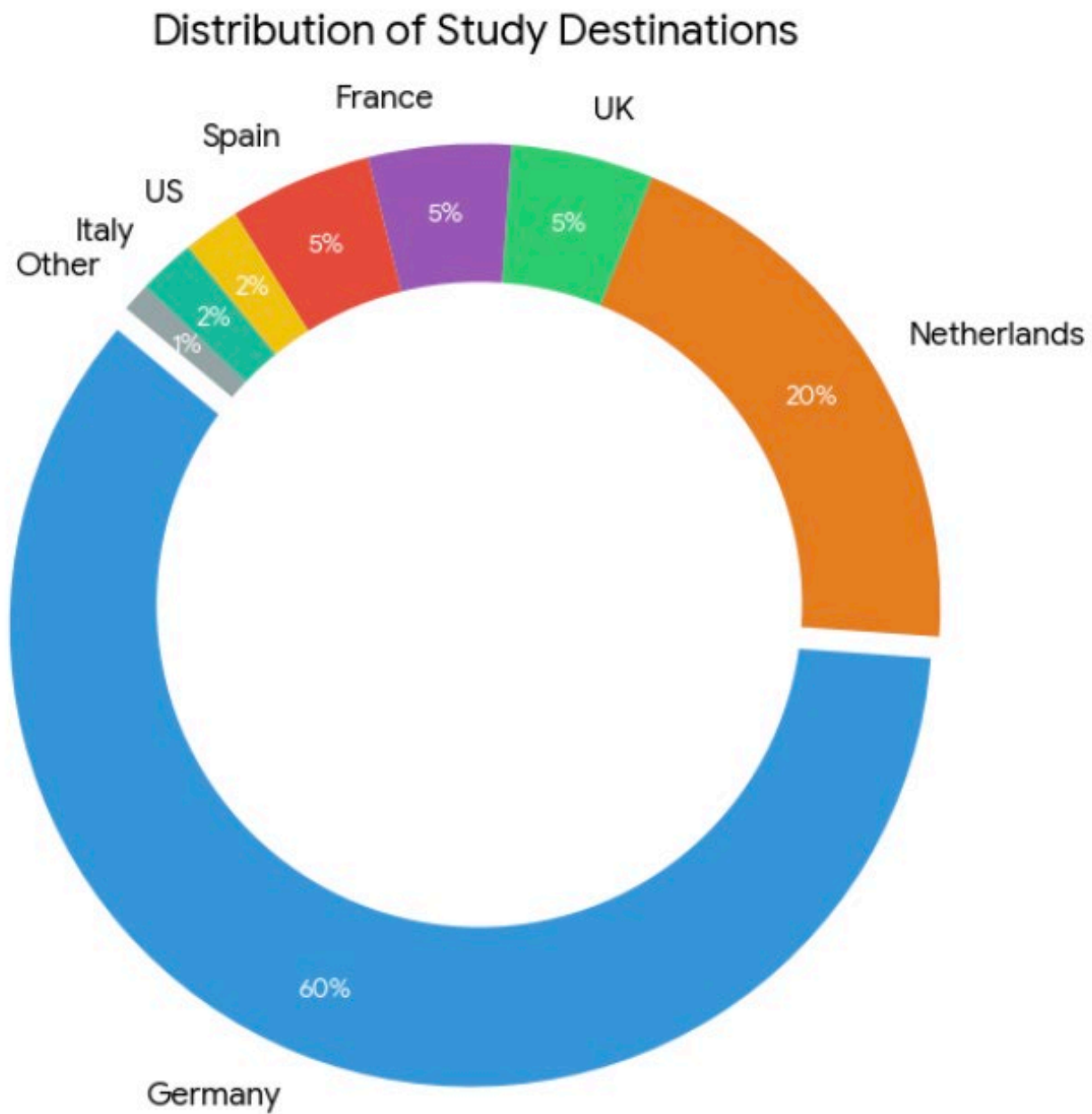
WHU Otto Beisheim School of Management

RWTH AACHEN UNIVERSITY

LMU LUDWIG-MAXIMILIANS-UNIVERSITÄT MÜNCHEN



## Student Destinations



# Global Rankings



- <https://www.timeshighereducation.com/student/best-universities/best-universities-germany>
- <https://www.topuniversities.com/subject-rankings>
- <https://time.com/7358185/top-universities-globally-2026/>
- <https://www.wsj.com/graphics/college-rankings-2026/>
- <https://www.study.eu/best-universities/germany>
- <https://www.study.eu/best-universities/netherlands>
- <https://www.thecompleteuniversityguide.co.uk/league-tables/rankings>
- <https://www.daad.de/en/studying-in-germany/universities/che-ranking/?che-a=ranking-list&che-degree-id=3&che-subject-id=27&che-university-type-id=>
- <https://rankings.ft.com/business-education/regional-rankings>



UNIVERSITY	THE SCORE	US NEWS SCORE	QS SCORE	GLOBAL HE RANKING SCORE	COST OF LIVING SCORE	INTERNATIONAL STUDENT SCORE	EMPLOY ABILITY SCORE	SAFETY INDEX	TUITION FEES FOR INTERNATIONALS	SIG SCORE
TECHNICAL UNIVERSITY OF MUNICH (TUM)	83.5	73.2	83.2	79.97	50.00	100.00	98.07	79.1	Yes	100.00
RWTH AACHEN UNIVERSITY	67.2	64.2	59.9	63.77	90.80	83.76	79.76	60	No	86.56
UNIVERSITY OF HEIDELBERG	76.2	75.3	63.7	71.73	75.20	63.16	89.08	63	Yes	79.19
UNIVERSITY OF MUNICH (LMU)	78.7	75.5	71.6	75.27	50.00	64.34	91.16	79.1	No	78.13
TECHNICAL UNIVERSITY OF BERLIN	62.4	60.8	52.5	58.57	68.50	77.93	90.04	55.3	No	73.71
KARLSRUHE INSTITUTE OF TECHNOLOGY (KIT)	60.8	60.9	59.4	60.37	73.20	65.87	85.54	63	Yes	72.62
FREE UNIVERSITY OF BERLIN	65.8	74.6	60.6	67.00	68.50	67.14	84.58	55.3	No	70.10
HUMBOLDT UNIVERSITY OF BERLIN	68	76.3	55	66.43	68.50	55.88	92.93	55.3	No	68.49
TU DRESDEN	61.1	65.2	42.6	56.30	90.10	60.79	60.64	68	No	67.00
UNIVERSITY OF FREIBURG	63.8	65.6	44.8	58.07	79.80	60.59	66.59	67.2	Yes	65.35
UNIVERSITY OF GÖTTINGEN	64.8	66.7	40.3	57.27	100.00	62.55	50.00	55.3	No	62.05
UNIVERSITY OF HAMBURG	63.2	67.9	47.1	59.40	70.90	54.12	82.33	57.4	No	61.60
UNIVERSITY OF BONN	67.6	67.5	43.5	59.53	79.80	56.15	65.62	60	No	60.19
UNIVERSITY OF ERLANGEN-NUREMBERG	57.2	61.2	43.6	54.00	84.10	65.17	50.00	63.5	No	58.18
UNIVERSITY OF COLOGNE	61.4	63	37.2	53.87	71.00	50.00	77.19	56.4	No	54.34
UNIVERSITY OF TÜBINGEN	66.2	65.5	43.7	58.47	70.10	55.61	50.00	64.9	Yes	50.00

<https://www.studying-in-germany.org/top-german-universities-for-international-students/>

# Boosting your profile



## CV

Awards, hobbies  
Beyond grades



## Extracurriculars

Clubs, sports  
Volunteering



## Metacurriculars

Reading, research  
Competitions



## Motivational Letter

Your story  
Goals & passion



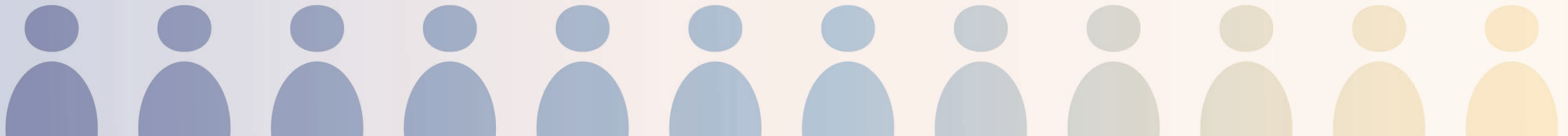
## Digital Presence

LinkedIn, website  
Online profile



## Portfolio

Projects, designs  
Your work



# Parental Support



## Campus Visits

Explore universities  
Get a real feel



## Summer Schools

Short academic programs  
Try subjects



## Olympiads

Subject competitions  
Challenge yourself



## Essay Competitions

Showcase writing  
Win recognition



## Enrichment Clubs

Deepen interests  
Regular engagement



**TED<sup>x</sup> Youth @ ESRM**  
x = independently organized TED event


**SPARK**    
ISSUE #1  
THE ESRM AND ISRM STUDENT MAGAZINE

  
**MUNESRM 2019**  
Model United Nations European School RheinMain  
27.02. - 02.03.2019



 **Application Process (UCAS)**

[www.ucas.com](http://www.ucas.com)

 **What you need:**

**Personal Statement/answer 3Q (max. 4,000 characters)**

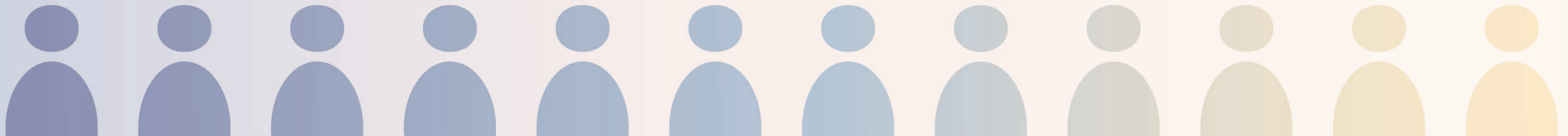
**Show academic interest & enthusiasm**

**Reference & Predicted Grades (careers adviser)**

 **Key Deadlines:**

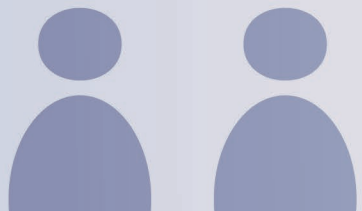
**15 October: Medicine, Dentistry, Veterinary, Oxford & Cambridge**

**15 January: All other universities**



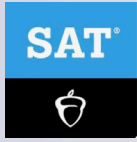
**Table 4: European Baccalaureate and A level overall / combined grade comparisons**

<b>A level grades</b>	<b>Comparable overall EB grades until 2020</b>	<b>Comparable overall EB grades from 2021 (projected)</b>
A*A*A*	93.43-100.00	91.78-100.00
A*A*A	91.75-93.42	89.68-91.77
A*AA	90.05-91.74	87.55-89.67
AAA	88.13-90.04	85.15-87.54
AAB	86.58-88.12	83.21-85.14
ABB	84.87-86.57	81.08-81.20
BBB	82.94-84.86	78.66-81.07
BBC	80.86-82.93	76.06-78.65
BCC	78.90-80.85	73.61-76.05
CCC	76.39-78.89	70.48-73.60
CCD	74.65-76.38	68.30-70.47
CDD	72.70-74.64	65.86-68.29
DDD	70.98-72.69	63.71-65.85
DDE	69.27-70.97	61.58-63.70
DEE	67.93-69.26	59.90-61.57
EEE	66.31-67.92	57.88-59.89
DE	63.72-66.30	54.64-57.87
EE	60.00-63.71	50.00-54.63





<https://www.commonapp.org>



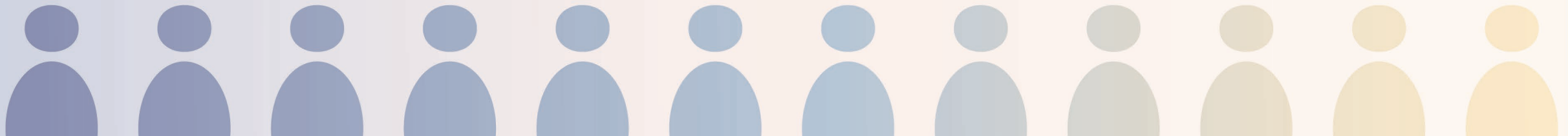
**SAT/ACT placement tests might be required**



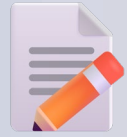
**1. November (Early Decision), 1. January (Regular Decision)**

**Most Bachelor Programs – Liberal Arts**

**Masters – specialization, Med/ Law/ Business**



# NL Netherlands



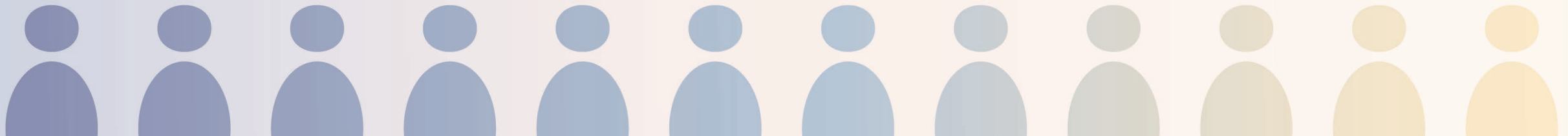
<https://www.studyinnl.org>

**Tuition €2601 per year, EU students (25-26)**



**15. January – many programs, some 15. May**

**Scholarships/ Loans – EU students**



# IE Ireland



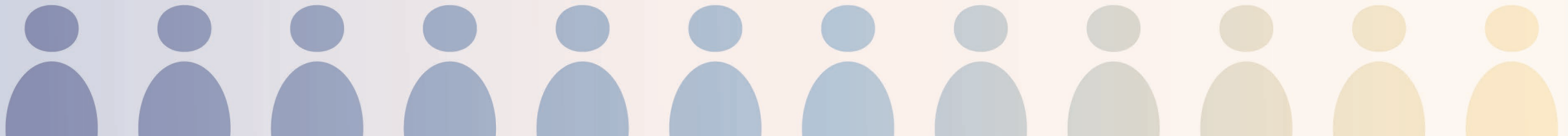
 <https://www.cao.ie>

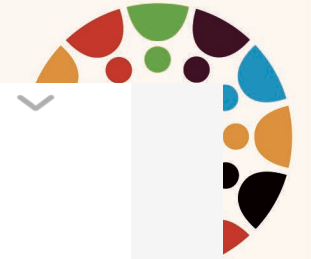
**Tuition €5000 - 8000 per year, EU students**



**1. February**

**Scholarships/ Loans – EU students**





### Minimum Entry Requirements

Overall 60%, including grade 6 in six distinct recognised subjects including English, mathematics and another language.

### English Language Competence

6 in 1st Language, or in 1st or 2nd Foreign language or see full list of acceptable English Language qualifications above.

### Specific course requirements

If a course has a requirement of a grade H4 at higher Leaving Certificate level, students presenting EB must present the subject at grade 7 or better. To satisfy a requirement of a grade H3 at higher Leaving Certificate level students presenting EB must present the subject at grade 8 or better.

### Indicative Points Equivalence

Students are ranked on the basis of their six best distinct recognised subjects from one sitting of the EB Exam. Points for each 3, 4 & 5hr subject = the points awarded to the higher level Leaving Certificate grade in the same percentage range. Points for each 2hr subject = the points awarded to the ordinary level Leaving Certificate grade in the same percentage range.

	<b>Grade</b>	<b>Points &gt; 3hour subjects</b>	<b>Points 2 hour subjects</b>
<b>Percentage Range</b>			
90 to 100	H1/O1	100	56
80 but less than 90	H2/O2	88	46
70 but less than 80	H3/O3	77	37
60 but less than 70	H4/O4	66	28

**Bonus points for maths:** 25 additional points will be awarded for a grade 6 or better on 3, 4 or 5 hour mathematics.

# University Requirements



## DE Germany:

- Latin → History & English Studies
- Biology (4P) → Medicine

## GB / IE UK & Ireland:

- Chemistry (4P) + 1 Science → Medicine

## GB Top UK (Oxford, Cambridge, LSE):

- Math (5P) → Economics

## NL Netherlands:

- 3 Natural Sciences → Medicine



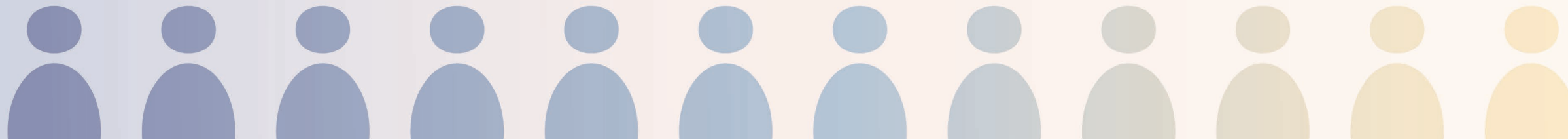
## Architecture:

- Math (5P) + Art/ Technical Drawing



## Engineering:

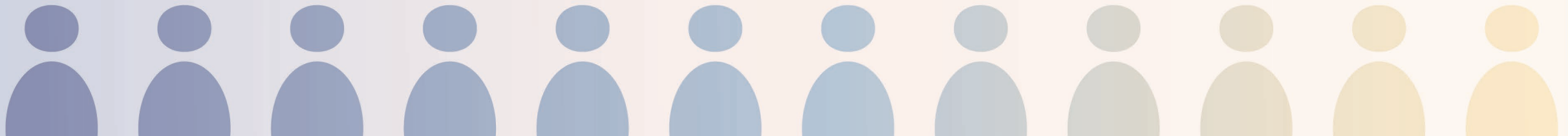
- Math (5P or 8P) + Physics (4P)



# DE Germany - studying in EN





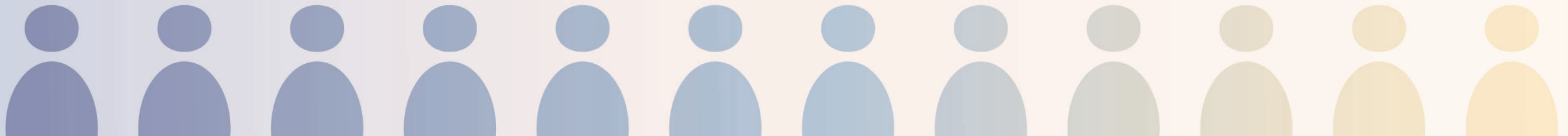
- <https://www.studying-in-germany.org/study-in-english-in-germany/>
- <https://www.mastersportal.com/articles/2944/best-english-taught-medical-schools-in-germany-in-2022.html>
- <https://www.tum.de/en/>
- <https://www.kit.edu>
- <https://www.frankfurt-school.de/home>



# DE Germany





-  <http://hochschulstart.de/startseite>
-  **15. July (grades only)**
- **Medicine: medical tests**
- **N.C. for many subjects**
- **Private vs. state unis: fees, class size, network**
- **Financial support for foreign students!**



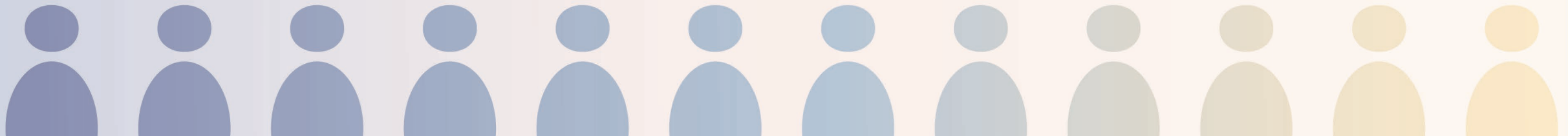
# DE Germany - Duales Studium



-  <https://www.wegweiser-duales-studium.de>
-  **01.10.**
- Work-study program
- 3 years
- Bachelor's degree

## **Application:**

1. Apply at a company
2. Apply at a Duale Hochschule



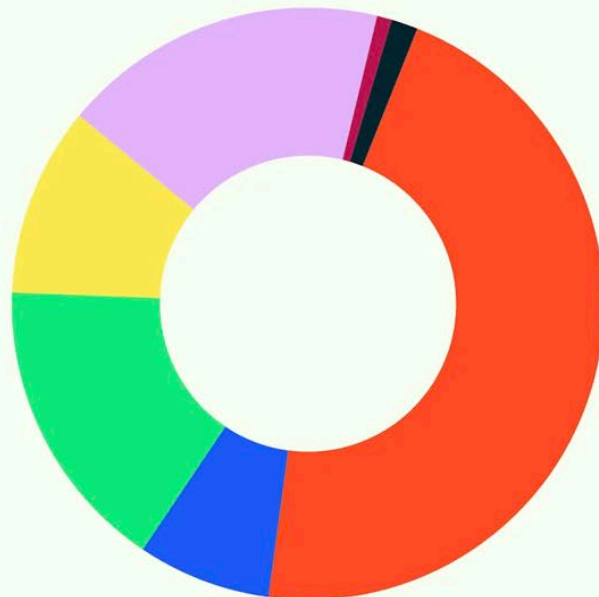


September 4, 2025



## GERMAN COST OF LIVING

For international students



- Rent €570
- Transport (Free)
- Groceries €200
- Semester fees €90 (monthly)
- Health insurance €128
- Nightlife & leisure €220
- Phone bill €18

Semester fees	€90 (about €270 per semester)
Rent	€570
Health insurance	€128
Public transport	€0^
Groceries and food	€200
Nightlife and leisure	€220
Phone bill	€18
Total	€1,226

# Scholarships



## Government and Organization-Funded Scholarships

Expatrio Scholarship  
DAAD Scholarship Programs  
Heinrich Böll Foundation Scholarships  
Deutschlandstipendium National Scholarship Program  
Konrad-Adenauer-Stiftung Scholarship  
Erasmus+ Scholarship Programs  
Friedrich Ebert Foundation Scholarships  
Marie Skłodowska-Curie Actions (MSCA) Postdoctoral Fellowships  
StipendiumPlus  
Bayer Foundation Fellowships

## Scholarships Offered by German Universities

Humboldt Research Fellowship  
TUM Linde / MDSI Master Scholarship  
Heidelberg University HAUS Scholarships  
University of Hamburg Merit Scholarships  
Berlin International University of Applied Sciences Christian Wulff Scholarship

## Federal German State-Specific Scholarships

Baden-Württemberg Stiftung  
Bavaria – Max Weber-Program  
Bavaria – Marianne-Plehn-Program  
The Lower Saxony Scholarship (Niedersachsenstipendium)  
Berlin – Elsa Neumann Scholarship

## MBA Scholarships for International Students in Germany


ESMT MBA Scholarships  
HHL Leipzig Scholarships  
WHU Otto Beisheim Scholarships  
Frankfurt School of Finance and Management Scholarships  
Mannheim Business School Scholarships

- <https://www.studying-in-germany.org/scholarships/>





# Internships/ Praktika















 **S5/MYP5 – compulsory - 19.06.-02.07.2026**

 **S6 – optional – 22.06. – 03.07.2026**















← All teams

 **Praktika - Work Experience S5 - S6** Posts **Shared**   Meet now 

 All documents  In messages

 New  Upload  Edit in grid view  Share  Copy link  Forms **New**   All Documents  Details 

### Praktika - Work Experience S5 - S6

 Name	Modified	Modified By	 Add column
 Berufspraktika S5	January 11	Michael Nickel	
 Berufspraktika S6	January 11	Michael Nickel	
 Hays Application Training	January 11	Michael Nickel	
 MYP 5	January 11	Michael Nickel	
  Praktikum wichtige Inf...	January 11	Michael Nickel	   
 Praktikumsbörse Internship Pool Parents	January 11	Michael Nickel	
 ESRM PA_Liste potenzieller Praktikumsplät...	March 9	Dr. Daniella Schmitt	